



Emu Eats CANTEEN

SANDWICHES (add \$0.50 for Roll)	
Chicken Sandwich	\$3.00
Salad Sandwich (<i>lettuce, cucumber, tomato, carrot, beetroot</i>)	\$2.20
Ham Sandwich	\$1.80
Tuna sandwich	\$1.50
Egg Sandwich (<i>mayo/no mayo</i>)	\$2.00
Cheese Sandwich	\$1.20
Honey or Vegemite or Jam Sandwich	\$1.00
Ham Salad Sandwich	\$3.00
Chicken Salad Sandwich	\$4.20
Egg Salad Sandwich	\$3.20
Cheese Salad Sandwich	\$2.40

EXTRAS	
Sauce – Tomato/BBQ	\$0.20
Cheese add	\$0.40
All salad (<i>lettuce, tomato, cucumber, carrot, beetroot</i>)	\$1.20
Hardboiled egg add	\$0.50
Toasted add	\$0.30
Lunch Bags – brown paper	\$0.10

BURGERS/WRAPS	
Chicken Burger (<i>with lettuce & mayo</i>)	\$4.00
Deluxe Chicken Burger (<i>with lettuce, mayo, tomato & cheese</i>)	\$4.50
Chicken Salad Wrap	\$4.50
Ham Salad Wrap	\$4.00
Salad Wrap	\$3.00

SNACK ITEMS / RECESS & LUNCH	
Milk Arrowroot Biscuits <i>sss-4</i>	\$0.05
Jelly Cup	\$0.60
Custard Cup	\$0.80
Jelly & Custard Cup	\$0.80
Mamee Noodles <i>chicken/bbq</i>	\$0.60
Mamee Rice Sticks	\$0.60
Popcorn	\$0.80
Jumpy's <i>salt n vinegar or chicken</i>	\$0.80
Fruit seasonal	\$0.80
Red Rock Deli Honey Soy Chips	\$1.00
Cupcake or Muffins	\$0.20
Steggles Chicken Crackles	\$0.50
Fruit Salad (<i>seasonal</i>)	\$1.00
SNACK ITEMS / LUNCH ONLY	
Milky Mates (<i>banana/vanilla/chocolate</i>)	\$0.60
Ice Blocks (<i>lemonade/raspberry/cola</i>)	\$0.50
Scoobie Doo (<i>caramel/choc/banana</i>)	\$1.50
Slushie (<i>various flavours</i>)	\$1.50

DRINKS	
Bottled Water	\$1.00
Flavoured Milk (<i>choc/straw</i>)	\$1.30
99% Juice Poppers (<i>Apple, Orange, Apple Blackcurrant</i>)	\$1.00
Flavoured Mineral Water (<i>Orange, Pine Lime, Apple Raspberry</i>)	\$1.50
Warm Milo (<i>Winter Weather Only</i>)	\$1.00

HOT FOOD	
Allied Chef Pizza Slabs (<i>Margarita/Ham & Pineapple</i>)	\$2.80
Maggie Noodle Cups (<i>Beef or Chicken</i>)	\$2.00
Allied Chef Lasagna	\$3.20
Allied Chef Bolognese Pasta Twirl	\$3.20
Allied Chef Macaroni Cheese	\$3.20
Allied Chef Nacho Dippers	\$3.80
Good Tucker Meat Pie	\$2.80
Good Tucker Party Pie <i>sss-2</i>	\$0.80
Good Tucker Sausage Roll	\$2.20
Steggles Chicken Breast Nuggets <i>sss-4</i>	\$0.50
McCains Hash Brown <i>sss-2</i>	\$0.60
Garlic Bread (2 slices) <i>sss-1</i>	\$0.60

P & C MEAL DEALS	
<i>All deals come with a choice of drink Popper Juice, Flavoured Milk or Water (Flavoured Mineral Water extra 50c)</i>	
NUGGET DEAL 1 4 Nuggets, 2 Hash Browns & Fruit	\$4.50
PIZZA DEAL 2 Pizza Slab, Garlic Bread & Fruit	\$4.50
PASTA DEAL 3 Lasagne or Pasta Twirl or Macaroni Cheese, Garlic Bread & Fruit	\$5.00
SALAD DEAL 4 Salad Box, Fruit	\$4.50
SALAD WRAP DEAL 5 Salad Wrap, Fruit	\$4.50

SALAD BOX	
Salad (<i>lettuce, tomato, carrot, beetroot, cucumber</i>)	\$3.00
Ham Salad	\$3.50
Chicken Salad	\$4.00
Egg or Cheese Salad	\$3.50

**PLEASE CLEARLY INDICATE
ANY FOOD ALLERGIES**



Emu Eats CANTEEN

EMU HEIGHTS PUBLIC SCHOOL 4735 1290

Catherine – *Coordinator* – 0410 515 874
Sue – *Treasurer* – 0417 476 302

The canteen is funded and organized by the P&C. All profits are donated back to the school to help support our children and the staff at Emu Heights Public School.

The canteen is completely operated by volunteers 3 days a week.

Operating hours – Monday, Wednesday and Friday.

If you are interested in helping our school family please contact us. Half day shifts available.

We always need helpers!

Lunch orders are to be written clearly on a brown paper bag or a reusable lunch bag with your child's name and class. If no bag is provided – it will be provided at a cost of 10c per bag.

PLEASE CLEARLY INDICATE ANY ALLERGIES

GF – Gluten Free

sss- suggested service size as per healthy kids assoc

Thank you